Respond to Change – Mind Game!

**Objective:** To understand the emotional aspect of change

**Requirement:** Access to the room before the students

**Caution:** Not suitable for students with severe behavioural problems. (May cause panic attack)

**Walkthrough**

1. Before students enter the room. Do whichever is least usual:
   A. Hide or move all of the chairs in the room
   B. Turn all of the chairs backwards
   C. Move tables into an unusual arrangement

2. When students enter the room DO NOT say anything about the chairs.

3. Wait until students mention the chairs or about 1 minute if they look for them.

4. Discuss with the students about how they felt having their desks or chairs moved. Elicit emotions such as confusion, fear, frustration and even anger.

**Leads into:**

1. Who Moved My Cheese Video and Worksheet
2. Business relocation lesson

**Internet Links**

Relocate Your Business
http://www.entrepreneur.com/growyourbusiness/howtoguides/article81406.html

Who Moved My Cheese Video
http://www.youtube.com/watch?v=wSbjph4KBXA

Change Management Notes:
http://tutor2u.net/business/strategy/change-management-implementation.html